



40UP 无限大能
POWER
DAYS OF UNLIMITED
LEADER'S MANUAL



**40 Days
of
Unlimited Power
(Leader's Manual)**



*“I will pour out my spirit upon ALL people”
Acts 2:17 (NLT)*

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How to Use This Leader's Manual

This Leader's Manual is designed specially to guide you to lead your cell group into planning, executing and reviewing each week's program. Our prayer is that you will experience the Holy Spirit's leading and empowerment during the 40 Days of Unlimited Power (40UP) and witness healings, miracles, signs and wonders that God will perform in your midst.

This manual will be integral to enable you to be part of this campaign where the whole church will focus on accomplishing the "same thing" together at the "same time", using the "same strategies". There is a Leader's Planner to assist you, your intern or key cell member to plan, prepare and participate in this campaign. It provides a timeline and highlights the planning details in preparation for the 40UP campaign. All the programs can be carried out as a cell or smaller sub-groups within the cell and should conclude with the cell members gathering for a time of reflection, journaling, sharing and thanksgiving.

The children are hungry for the supernatural. To build up the next generation to know the same God that we know, we have to involve our children in what God is doing today. They need to witness the manifestation and glory of the Lord so that the reality of walking in the supernatural is natural to them. In this manual, there will be ideas for you to engage the children in your cell group to move out together in faith.

Getting Started

1. Understand the aim of each week's program.

Read through and understand the objective of each week's program. Drawing from the Luke 10 principle of "Bless, Fellowship, Meet felt needs, Preach the gospel", ask the Lord for His empowerment to be sent forth as a cell group to bless, befriend, pray for the sick, meet the needs of the poor and proclaim the love of God. If you adhere to the planning guidelines provided, each session can be completed within 2 hours.

2. Familiarize yourself with the program for each week.

Be familiar with each week's program and the general planning guidelines. Some of the activities may be new to you and your cell group; you may need to start planning before the start of the 40UP Campaign to prepare your cell members. The Leader's Planner provides a checklist to help you plan the programs running up to the 40UP. Even though the planning guidelines are provided, it is very important for you to take time and seek the Holy Spirit's guidance as you plan. Allow him to lead you and your cell members towards His unique plan for your cell.



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3. Schedule a weekly meeting date and venue.

Almost every activity takes place outside your regular meeting venue. You will need to inform your cell members in advance on the day, time and venue prior to that week's program.

4. Children's Involvement.

If your cell group has children who will be joining in the 40UP campaign; there are sections that will guide you to involve the children. Think through the program and fine-tune it to make it friendly and engaging for the children. Involve the children to share their experiences after each session. Older children aged between 11 and 12 should be able to articulate their experiences and thoughts. The younger children aged between 5-10 years should also be encouraged by the adults to share their experiences.



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Leader's Planner

S/No.	Item	Checked
5 to 6 Weeks Before (27 June - 10 July)		
1.	Explain and clarify the campaign concepts and considerations during cell meeting.	
2.	Prepare the hearts of your cell members by setting aside time during the 40 Days of Prayer & Fasting to pray for God's mighty empowerment throughout the 40UP. Fix a 40UP daily synchronized prayer time for the cell group during the 40 Days of Prayer & Fasting (1/7 – 9/8).	
3.	Ask cell members to identify any family members, friends and contacts who are unwell, in a hospital or a nursing home. List these people by name and get the whole cell group to pray for them.	
1 Month Before (11 - 17 July)		
1.	Explain the aim of each week's program and the key roles and responsibilities.	
2.	<p>Identify and appoint person(s) in-charge of each role for each week's program. Group i/c should preferably be the cell leader, intern or a key member who is able to lead the cell group or smaller group.</p> <p>1) Week 1: Prayer Walk Group(s) i/c: _____ Worship leader(s): _____</p> <p>2) Week 2: Pray for the Sick/Elderly Group(s) i/c: _____</p> <p>3) Week 3: Party I I/C: _____ Welcome: _____ Icebreakers: _____ F&B: _____ Logistics: _____</p>	



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S/No.	Item	Checked
2.	4) Week 4: People Treasure Hunt Group(s) i/c: _____ Worship leader: _____ 5) Week 5: Project – Visit & Serve the Poor Group(s) i/c: _____ Logistics: _____ 6) Week 6: Party II I/C: _____ Welcome: _____ Icebreakers: _____ F&B: _____ Logistics: _____	
3.	Pray for the people who are involved in various roles for the 40UP.	
4.	Check if the cell members were able to adhere to the synchronized time that the whole cell group has committed to pray together daily.	
3 Weeks Before (18 - 24 July)		
1.	Assist those in-charge assigned of the different roles. Help to address any questions or concerns.	
2.	Collect and distribute all the following 40UP materials to your cell members. 1) 40UP My Power Journal 2) iBless Pamphlets & Treasure Map	
3.	Encourage the members to review the “Moving in the Supernatural – Divine Healing” training manual especially on the sessions relating to healing e.g. Session 3 – “How to Pray for the Sick” and Session 6 – “The Anointing for Healing”. For those members who have not attended the training, you can go through with them the key points in these sessions.	
4.	Pray for each person whom the cell members have contacted to visit/bleed. Continue to encourage everyone to persevere in prayer during the daily cell group synchronized prayer time.	



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S/No.	Item	Checked
2 Weeks Before (25 - 31 July)		
1.	Confirm theme and details of Party I.	
2.	Appointed persons who are in-charge of Weeks 1-3 to give a briefing and update.	
3.	Discuss, coordinate and pray for each week's program and each person in-charge. Encourage the cell members to remember to pray for people they are reaching out to.	
1 Week Before (1 - 7 August)		
1.	Appointed persons who are in-charge of Weeks 4-6 to give a briefing and update.	
2.	Facilitate and coordinate on the coming weeks' programs and pray for the programs and people you will be blessing.	
3.	Confirm the venue for the first meeting for prayer walk.	
4.	Remind members to familiarize themselves with the instructions and pointers for Week 1 event – Prayer Walk (<i>Refer them to the pointers in their My Power Journal</i>).	
5.	Review Week 1 of this Manual once again to ensure that all necessary preparations are done for the following week's event.	
Week 1 – Prayer Walk (8 - 14 August)		
1.	Remind the cell members on the venue and timing of the prayer walk. They are to bring along their <i>iBless Pamphlets</i> and <i>My Power Journal/GKidz Journal</i> .	
2.	Prepare the worship song sheets for the prayer walk.	
3.	Confirm with the different i/c on the meeting point(s) for Week 2 – Praying for the sick/elderly.	
4.	Inform everyone the venue and timing of Party I so that they can invite those they will be blessing.	
5.	Review Week 2 of this Manual once again to ensure that all necessary preparations are done for the following week's event.	
Week 2 – Pray for the Sick/Elderly (15 - 21 August)		
1.	If the group is sub-divided for the visitation but will be gathering together after the visitation; liaise with the different i/cs on the meeting place and time.	



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S/No.	Item	Checked
2.	Confirm the number of persons for Party I and update the caterer, logistics and welcome team to prepare accordingly.	
3.	Review Week 3 of this Manual once again to ensure that all necessary preparations are done for the following week's event.	
Week 3 – Party I (22 - 28 August)		
1.	Get the cell members to remind their guests on the party.	
2.	Confirm the groupings for next week's Treasure Hunt. The children should be paired up with their parents.	
3.	Confirm theme and details of Party II.	
4.	Review Week 4 of this Manual once again to ensure that all necessary preparations are done for the following week's event.	
Week 4 - Treasure Hunt (29 August - 4 September)		
1.	Remind the cell members on the venue/time of the Treasure Hunt. Ask them to bring along their <i>My Power Journal/GKidz Journal, Treasure Map, and iBless Pamphlets</i> .	
2.	Prepare the worship song sheets for the Treasure Hunt.	
3.	Inform everyone the venue and timing of the Week 6 Party so that they can invite those they will be blessing.	
4.	Review Week 5 of this Manual once again to ensure that all necessary preparations are done for the following week's event.	
Week 5 – Visit & Serve the Poor (5 - 11 September)		
1.	Call to remind and confirm with each person that the group will be visiting and serving.	
2.	Confirm with the different i/cs on the meeting place and time to visit and serve the poor and needy. Disseminate this information to every cell member.	
3.	Coordinate the logistics for each group.	
4.	Update the attendance for Party II and inform the caterer, logistics and welcome team to prepare accordingly.	



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S/No.	Item	Checked
5.	Review Week 6 of this Manual once again to ensure that all necessary preparations are done for the following week's event.	
Week 6 – Party II (12 - 18 September)		
1.	Confirm the number of guests for the party and inform the cell members to give their guests a call before the event to remind them and confirm their attendance.	
2.	Confirm the food items for the party.	
3.	Run through with those selected to share their testimony at the party on how God has answered their prayers.	



WEEK 1



Prayer Walk

Aim:

To be led by the Holy Spirit to bless the community and pray for someone when an opportunity arises.

Preparations

1. The majority of the cell members should have attended prayer walk training or participated in a prayer walk before.
2. Identify prayer walk location. This could be in the vicinity of the office, commercial or residential area where the cell meets.
3. The cell group should prayer walk in small groups of 2's or 3's.
4. Cell group/small groups can use the following:
 - Prayer walk pointers in the *40UP My Power Journal/GKidz Journal*
 - Suggested Worship songs

Final Coordinating Instructions

- 1) Inform everyone on the time and place to meet if you are not starting from your regular cell meeting venue.
- 2) Remind every cell member to bring the *iBless Pamphlets* and *My Power Journal/GKidz Journal*. They should be familiar with the prayer walk pointers.
- 3) Remind the members to familiarize with the prayer walk pointers and Do's & Don'ts (Refer them to the pointers in their *My Power Journal*).



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If you are bringing children with you for prayer walk, assign these children to the same group as their parents. If there are more than 2 children in one family, cell members who are willing to guide children can be assigned to take care of the children.

If your cell is involving children to participate in cell activities for the first time, do notify the rest of the cell members in advance, so that they will be prepared to be inclusive and patient with the children as the dynamics of the group will change as a result of including children. Sometimes, parents are uncomfortable to include their children as they fear that their children may embarrass them with their behaviour. Some may feel that the group will criticize them or think they are bad parents. The group should keep on assuring parents and come alongside them to disciple the children and be a community that demonstrates God's love to them.

Program

1. STARTER (10 minutes)

- Find out how much the cell members/children know about their neighbourhood and their immediate neighbours. Ask questions like:
 - a. What are the names of your neighbour? (Immediate neighbours e.g. to the left and right of the house)
 - b. How many people are there in your neighbour's house?
 - c. How many children are there in your neighbour's house?
 - d. Which race do they belong to?
 - e. What is their religion?
 - f. Name the school nearest to where you stay.
 - g. Where is the nearest playground?
 - h. Where is the nearest police post?
- Hear the responses from the cell members/children. Affirm those who have been observant and know their neighbourhood. Encourage those who do not know much to look out for the people in the neighbourhood.
- Transit into worship and lift up praises of God over the whole neighbourhood.



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The starter activity is designed for children to prepare them to go out to look for new things in the neighbourhood.

If you have children in your cell for the first time, it is good to set some ground rules with them. Rules help children to know what the expected behaviour is and they operate better when boundaries are drawn for them. Suggested items for group agreement with the children:

1. We will remember that some adults are sensitive to noisy games, so we will be considerate by not shouting or running around inside the house.
2. During worship time, we will worship God and not distract others.
3. We will not talk about our parents or family to the whole group, unless we have permission.
4. We will remember that God wants us to obey our parents and the cell group leader.
5. We will talk to adults and friends politely because we want to respect one another.

2. SEEK the Lord (20 minutes)

- Worship (Suggested Songs)
 - Hear Our Praises (C)
 - Open The Eyes Of My Heart (C)
 - Come Holy Spirit (G)
 - Making A Difference (G)
- Wait upon the Lord and release words to edify and exhort one another.
- Pray for God's anointing and leading to be upon your cell members.



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Give time for the adults and children to get used to having worship time together. Children enjoy praise songs. To engage children in worship, you do not necessarily have to sing kiddish songs. Children like the songs adults sing too. We can help them to be engaged by inviting them to clap along or providing percussion instruments for them to play (e.g. shakers, tambourines, bells, sticks, etc) during praise time. When you move to slower songs, give instructions for children to leave the instruments on the floor.

Sometimes, children 11-12 years old are often reluctant to sing loudly. They feel self conscious. They like to know that everyone is joining in. To encourage them to sing along, accept them for who they are and gently urge them to sing along, they will eventually join in. Some children at this age can lead some praise songs, check with their parents if they are comfortable to lead the group in praise for one of the cell meetings.

If your group spends time listening to the Lord's voice during worship, allow the children to do it too. They can release words of blessing to the group only with the permission of their parents or leaders. Encourage the children to whisper their "word" to their parent before they speak it to the whole cell group. Parents will discern if the "word" is to be released to the group.

Children can be taught to pray in the Spirit too!

3. STEP-OUT to Prayer Walk (60-75 minutes)

- Share any final coordinating instructions and *iBless Prayer Walk Pointers* in Week 1 – Attachment 1.
- Tell them that when they prayer walk, they will be doing the following:
 - a) Walk around and observe the people in the neighbourhood and remember that God loves them too! Children can draw the map of the neighbourhood in their *GKidz Journal*.
 - b) As the group walks around the neighbourhood, they are to pray a blessing over everyone/every building/every family they see. We pray with our eyes open and as if we are having a conversation. The children can pray this prayer for a start:

“Dear Jesus, we bless this house with your peace, We pray that they will know that You love them and will one day accept you as their Lord.”



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- c) The group should ask the Holy Spirit to guide them to pray and show them what special things to pray for others. Children can listen to the Holy Spirit for guidance. If the Holy Spirit tells them something; they are to share it with an adult, so that they can all pray together.
- d) Get them to gather information and write down what they have observed about the homes/offices, and people in the community. Also write down any other things the Holy Spirit has revealed to them along the way. They may use their journal to do this.
- e) If someone in the group intends to bring a bible, do not brandish it while prayer walking.
- f) Look out for people to extend an act of kindness. *The iBless Pamphlets* can also be used with those you have met.

4. SHARE the Experience (20 minutes)

- Gather together after the prayer walk.
- Provide a few minutes for every person to record down their thoughts and reflections in the *40UP My Power Journal/GKidz Journal*.
- Give a time for them to share their experiences.
- Encourage the cell group to continue observing the people in their neighbourhood and blessing their neighbours even after today's activity and to journal daily what they hear from God.
- Brief the cell group on the following week's program.
- Close in prayer & thanksgiving.



Give the children some time to draw or write down their reflections and thoughts in their GKidz Journal. If they take a longer time than the adults, allow them to continue to reflect quietly while the adults begin to share their experiences.

If parents feel that what their children have observed in the neighbourhood or sensed from the Lord should be shared with the cell, they can either share on their behalf or prepare their children to share it with the group.

Children are often too shy to share at the first meeting, especially in the presence of adults. When children have the courage to share their experience, they need to feel accepted even if it is something trivial. They have taken a risk and they deserve praise. Affirm them and be patient with them.



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Post Event Follow-Up

1. Make a follow-up phone call within a week to check on any person you have prayed for. Share the response to the follow-up call with the rest of the cell group.
2. Share your prayer walk and upload photos taken to the FCBC official 40UP website. (www.40up.sg)
3. Remember to fill up the *iBless Pamphlets* for every person your cell group has blessed this week. Deposit the portion to be submitted to the church into your respective team pastors' box at our weekend celebration services.



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Week 1 – Attachment 1

iBLESS Prayer Walk Pointers

i - Pray INTERACTIVELY

- Take turns to pray
- Pray aloud, but not loudly
- Pray one topic at a time
- Share words and impressions
- Verbalise agreement when others are praying

B - Pray BLESSINGS

- Bless everyone, every building, every family that you see
- Bless the neighbourhood, the schools, the playground, offices, homes

L - LOOK Around

- Open your eyes and observe the surroundings
- Ask the Holy Spirit for fresh revelation of various structures, designs, etc.
- Gather information about the homes/offices and the people

E - ENGAGE People

- Smile and be friendly
- Approach & start with a simple introduction
- Be polite and sensitive
- Don't be intrusive
- Do acts of kindness
- Pray blessings
- Pray short and simple prayers
- Pray in Jesus' name
- Don't lay hands when praying for them
- Stay available and find ways to follow up

S – Pray using Scriptures

- Read some scriptures aloud together
- Restate the truths in your own words

S – Be sensitive to the Holy Spirit

- Pray in tongues
- Pause to listen
- Exercise spiritual gifts
- Perform prophetic acts
- Pray Identification repentance prayers



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General Do's and Don'ts

DO

1. Release God's blessings over the area. Pray for a mighty outpouring of the Holy Spirit with a great harvest of souls for God's kingdom.
2. Bless the various churches, denominations and cell groups in the vicinity.
3. Pray for those in authority (1 Tim 2:1-2) over the neighbourhood/nation.
4. Pray for strong Christian leadership to be raised up.
5. Go forth in confidence, in humility and dependence upon God.
6. Go forth in a spirit of unity. Restore relationships with each other and with God before you commence walking and at any point during the walk.
7. Be aware of your environment, physically and spiritually, as you walk.
8. Exercise wisdom and self control at all times.
9. Pray with your eyes opened.
10. Walk in small groups of 2's and 3's.
11. Engage in all forms of prayer: soft worship, thanksgiving, praise, intercession, declaration, confession, petition.
12. Respect the privacy of others.
13. Be discreet in everything you do.

DON'T

1. Turn others away from Christ by loud, rude or unruly behavior.
2. Allow large groups to pray together in one spot.
3. Play loud music.
4. Draw attention to yourselves by shouting at the top of your voice.
5. Be presumptuous and arrogant in warfare.
6. Trespass private property or touch anything that is not yours.
7. Enter religious sites/institutions without guidance and permission from your leader.
8. Brandish your bibles.
9. Walk your schools/offices during school/office hours. Choose a time when you will not be disturbing anyone.



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Week 1 – Attachment 2

Worship Songs (Week 1)

1. Hear Our Praises

May our homes be filled with dancing
May our streets be filled with joy
May injustice bow to Jesus
As the people turn and pray

(Chorus)

From the mountain to the valley
Hear our praises rise to You
From the heavens to the nations
Hear the singing fill the air

May a light shine in the darkness
As we walk before the cross
May Your glory fill the whole earth
As the water over the sea

(Bridge)

Hallelujah (4x)

2. Open The Eyes Of My Heart

Open the eyes of my heart Lord
Open the eyes of my heart
I want to see You
I want to see You

(Chorus)

To see You high and lifted up
Shining in the light of Your glory
Pour out Your power and love
As we sing holy holy holy

(Bridge)

Holy holy holy

(3x)

I want to see You

3. Come Holy Spirit

Come Holy Spirit fall on me now
I need Your anointing
Come in Your power
I love You Holy Spirit
You're captivating my soul
And every day
I grow to love You more

(Chorus)

I'm reaching for Your heart
You hold my life in Your hand
Drawing me closer to You
I feel Your power renew
Nothing compares to this place
Where I can see You face to face
I worship You in spirit and in truth

4. Making A Difference

Won't You Lord
Take a look at our hands
Everything we have
Use it for Your plan

Won't You Lord
Take a look at our hearts
Mold it refine it
As You set us apart

(Chorus)

We want to run to the altar
And catch the fire
To stand in the gap
Between the living and the dead

Give us a heart of compassion
For a world without vision
We will make a difference
Bringing hope to our land

(Bridge)

We will answer the call
To build this church without walls
Let Your glory be shown
Bring salvation to the lost
To the lost



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Worship Songs – with chords (Week 1)

1. Hear Our Praises (K=C)

Verse 1

C
May our homes be filled with dancing
Am F G
May our streets be filled with joy
C
May injustice bow to Jesus
Am F G
As the people turn and pray

Chorus

C G F
From the mountain to the valley
Em F G
Hear our praises rise to You
C G F
From the heavens to the nations
Em F G C
Hear the singing fill the air

Verse 2

May a light shine in the darkness
As we walk before the Cross
May Your glory fill the whole earth
As the water over the sea

Bridge

F Am
Halle - lujah Halle - lujah
F G
Halle - lujah Halle - lujah

2. Open The Eyes Of My Heart (K=C)

C
Open the eyes of my heart Lord
Em
Open the eyes of my heart
F
I want to see You
C
I want to see You

Chorus

G Am
To see You high and lifted up
F G
Shining in the light of Your glory
G Am
Pour out Your power and love
F G
As we sing holy holy holy

Bridge

C
Holy holy holy
Em
Holy holy holy
F
Holy holy holy
C
I want to see You



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3. Come Holy Spirit (K=G)

G C
Come Holy Spirit fall on me now
G C
I need Your anointing come in Your power
C D Bm Em
I love You Holy Spi - rit You're captivating my soul
Am D
And every day I grow to love You more

Chorus

G
I'm reaching for Your heart
Em
You hold my life in Your hand
Am
Drawing me closer to You
D
I feel Your power renew
Am B
Nothing compares to this place
Em A
Where I can see You face to face
Am D G
I worship You in spirit and in truth

4. Making A Difference (K=G)

G
Won't You Lord
D Em
Take a look at our hands
C G
Everything we have
Am7 D
Use it for Your plan
G
Won't You Lord
D Em
Take a look at our hearts
C G
Mold it refine it
Am7 D
As You set us apart
G
We want to run to the altar
Em
And catch the fire
Am G
To stand in the gap
F D
Between the living and the dead
G
Give us a heart of compassion
Em
For a world without vision
Am G
We will make a difference
C D G
Bringing hope to our land
Eb F G
We will answer the call
Bb C G
To build this church without walls
Eb F G
Let Your glory be shown
Eb F Eb
Bring salvation to the lost
D
To the lost



WEEK 2



Pray for the Sick/Elderly

Aim

To experience the Holy Spirit's empowerment to bless and minister to the sick or elderly and witness prayers being answered and felt needs being met. The sick or elderly could be:

Category 1: Family members, relatives, contacts of cell members who are sick or hospitalized.

Category 2: Elderly family members, relatives and friends of cell members e.g. parents, grandparents, elderly neighbours.

Category 3: Elderly contacts whom cell has befriended through various past activities and events e.g. prayer walk, blessing campaigns.

Note that we should not make cold calls to visit hospital patients unrelated to your members.

Preparations

1. Identify those who fall under the above 3 categories. However, preference for ministry in this 40UP should be given to those in Category 1.
2. As a general rule, limit the number of cell members to not more than 5 persons when visiting a home. If necessary, divide the cell group into smaller groups of 2-3 members for visitation and ministry. E.g., when visiting in the hospital.
3. Encourage every cell member to review the "Moving in the Supernatural – Divine Healing" training manual especially those sections relating to healing, e.g., Session 3 – "How to Pray for the Sick" and Session 6 – "The Anointing for Healing". For those members who have not attended the training or earlier briefing in the cell meeting, leader may go through with them the key points in these sessions.
4. Cell group/small groups to prepare the following for each small group:
 - A set of worship songs for every member in the cell group/small group

Suggested Songs

- All Of My Days (C)
- I Simply Live For You (C)
- Divine Exchange (C)
- Come Holy Spirit (G)

- Sample prayers for the sick



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Final Coordinating Instructions

- 1) Make prior arrangements on the preferred day/time with the person whom you are visiting. Whenever possible, re-confirm your visit 1 day before the actual day. Also, ensure the information of the venue is correct or up-to-date, e.g., home address, ward/bed.
- 2) Find out the visiting guidelines of the hospital or requests made by the family members, including the number of visitors allowed and the type of food the person can take.
- 3) Arrange to meet at the lobby/void-deck/common-area 15 minutes before the stated time of visit before proceeding as a group together to visit. Use the 15 minutes to have a short time of worship, prayer and last minute instruction. Refer to Program flow below.
- 4) Brief the cell group/small group on the background of the person the group is visiting.
- 5) Advise everybody to adhere to the visiting guidelines stipulated by the hospitals/hospices/nursing homes and do NOT pray for anyone unless requested by them and with their permission. Remind the group to be sensitive to any opportunity for sharing the gospel but do not be aggressive.
- 6) In the event that the number of visitors allowed is less than the number of members of the group during a hospital visit, the group can further divide into two smaller groups to take turns visiting. When one group is visiting, the other group should be interceding quietly.

Program

1. SEEK the Lord (15 minutes)

- Worship (if venue permits).
- Wait upon the Lord for any word or revelation.
- Pray for God's anointing and leading. The group should spend a short time praying together to encourage one another and to invite the Holy Spirit to do His work in and through every member. Also, allow a time of personal confession and repentance of any sin that the Holy Spirit may reveal to the members so that everyone can truly be a "holy vessel" for God's use.
- If necessary, the leader or friend of the person whom the group is visiting can update the group on any new or last minute information before the group proceeds to the ward/home.



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2. START Visitation (20-45 minutes)

What to do:

- Bring a token gift; e.g., fruits, foodstuff, chicken essence, reading materials.
- Converse and in the process discern the felt needs of the person.
- You can sing a few songs to minister to the person, but be thoughtful and do not raise your voices too loudly and disturb those in the neighbouring beds/house.
- Pray and minister to the needs of the person. If it is a physical infirmity, check with the person immediately after your prayer and ministry whether God has healed or begun His healing.
- If there is no visible healing taking place, continue to press in and pray, asking the Lord for any new revelation to the situation.
- Discern if there is an opportunity to share the gospel. You can also use the *iBless Pamphlets* to explore further needs.
- End the visit after 30-40 minutes. However, if it is a hospital visit, you may have to abide by the restriction on the visiting hours. Also, if the person whom you are visiting in the hospital has other friends who are waiting for their turn, be considerate and do not stay longer than necessary.
- Thank the person for letting your group pray for him or her.
- Make arrangements to follow up with a call within the same week.

3. SHARE the Experience (20 minutes)

- Gather together for a debrief at a quiet and convenient place e.g. a coffee joint or a coffeeshop that is not so crowded/noisy.
- Provide a few minutes for every person to record down their thoughts and reflections in their copy of *My Power Journal/GKidz Journal*.
- Give every member a time to share their experiences. Affirm their participation in this faith exercise and encourage them that God will remember their prayers. Ask them to persist in their prayer as many miracles will take place only when we do not give up praying (share the passage from Luke 11:5-13 to reinforce the need to continue praying until God answers).
- Highlight areas that members have done well or need to improve on, e.g., certain words spoken or gestures communicated.
- Brief them on the following week's program for the party and ask if they have any further questions on their respective roles and responsibilities.



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- Encourage them to continue to use the *iBless Pamphlets* within the week and to journal daily what they hear from God.
- Close with a time of prayer & thanksgiving.

Post Event Follow-Up

1. Disseminate the name and needs to the cell group to continue to pray in accordance to what the person has shared. Expect God to answer when we persevere in prayer.
2. Make a follow-up phone within a week to check on the person you prayed for. Share the response to the follow-up call with the rest of the cell group.
3. Take steps to fulfill any promises the group has made.
4. Share your visit and upload photos taken to the FCBC official 40UP website. (www.40up.sg)
5. Remember to fill up the *iBless Pamphlets* for every person your cell group has blessed this week. Deposit the portion to be submitted to the church into your respective team pastors' box at our weekend celebration services.



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Prayer Samples

1. Matthew 11:25-26

²⁵ At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. ²⁶ Yes, Father, for this is what you were pleased to do.

- Thank God because we are His children and He is pleased to reveal to us the deep & hidden things of God. Therefore we can be confident that God will reveal to us what we need to know in order that we are empowered by the Holy Spirit to minister supernaturally.

2. Matthew 11:28-30

²⁸ "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."

- Jesus promised that anyone who is weary and heavy laden can find rest in Him. Therefore we can be confident that when we pray and encourage those who are in need to look to Jesus, they will find rest in Him.

3. Mark 10: 47-48

⁴⁷ When he heard that it was Jesus of Nazareth, he began to shout, "Jesus, Son of David, have mercy on me!" ⁴⁸ Many rebuked him and told him to be quiet, but he shouted all the more, "Son of David, have mercy on me!"

- This prayer can be used for ourselves or for praying for others. We can also encourage them to pray for themselves with this prayer "Jesus, Son of David, have mercy on me!"

4. Psalm 103:13

¹³ As a father has compassion on his children, so the LORD has compassion on those who fear him;

Psalm 107:19-20

¹⁹ Then they cried to the LORD in their trouble, and he saved them from their distress. ²⁰ He sent forth his word and healed them;...



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Isaiah 66:13

¹³As a mother comforts her child, so will I comfort you....

- God has compassion on those who fear Him because He is our loving Heavenly Father. Not only that, He promises to comfort those who are hurting, just like a mother who would lovingly nurse and comfort her child. Therefore we can pray and encourage those who are hurting to look to God for His comfort because He is compassionate to them.

5. Isaiah 53:5

⁵But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.

- Christ has suffered physically in order that our infirmities can be healed. Therefore we can pray and encourage those who are sick that Christ can heal them.



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A sample prayer for the sick

Dear Lord Jesus,

You are the One I turn to for help in moments of weakness and in times of need. I ask You to be with my friend _____ in this illness. Psalm 107:20 says that You send out Your Word and heal. So, please send Your healing word to my friend. In the name of Jesus, drive out all infirmity and sickness from his/her body.

Dear Lord, I ask You to turn his/her weakness into strength. May he/she trust in Your goodness and hope in Your faithfulness, even in the midst of suffering. Let him/her be filled with patience and joy in Your presence as he/she waits for Your healing touch.

Please restore him/her to full health. Remove all fear and doubt from his/her heart by the power of Your Holy Spirit, and may You, Lord, be glorified through his/her life.

All of this I pray in the name of Jesus Christ.



Children who attend GKidz will have gone through the teaching on praying for healing at our regular services.

To involve a child in praying for the sick, this is what adults can do:

- Share with the child what is the healing/ blessing that the team is praying for. The child will pray the following prayer: "Dear Father God, in Jesus' Name, we pray for healing for _____."
- Then, allow the child to ask: "How many percent do you think you are healed? Do you feel less pain?" The adult who is partnering with the child can help the child decide if he/she should continue praying.
- Child continues to pray till the person is sure that God is going to bring healing or really feels that he/she is healed already.

At the end of the session, conclude with a time of thanksgiving and giving praise to God.



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Week 2 – Attachment

Worship Songs (Week 2)

1. All Of My Days

(Verse 1)

Proclaim Your awesome power
Tell of mighty deeds
Declare Your future kingdom
Of everlasting peace

(Pre-Chorus)

And my eyes they look onto You always
And I am captured by Your Majesty

(Chorus)

All of my days
I will sing of Your greatness
All of my days
I will speak of Your grace
All of my days
I will tell of Your wondrous love
Your love in my life
Your love

(Verse 2)

All Your works will praise You
Your children bless Your Name
We speak of all Your goodness
We walk in fields of grace

2. I Simply Live For You

Say the word and I will sing for You
Over oceans deep I will follow
If each star was a song
And every breath of wind praise
It would still fail by far to say
All my heart contains
I simply live I simply live for You

Chorus

As the glory of Your presence now fills this place
In worship we will meet You face to face
There is nothing in this world
To which You can be compared
Glory on glory praise upon praise
You bind the brokenhearted and save all my
tears
And by Your word You set the captives free
There is nothing in this world
That You cannot do
I simply live I simply live for You

3. Divine Exchange

My heart is captivated Lord by You alone
Captured by the awesomeness of You alone
Melted by the grace and mercy You have shown
I stand in wonder

I reach to You

The one Who makes the blind eyes see
Who breaks the chains of sickness with authority
Restoring what was broken
So it may fly again

(Chorus)

I live to worship You
I breathe to worship You
All of my days
Your face I will seek
For as I worship You
You lead me to that place
To that place of divine exchange

(Bridge)

Jesus

4. Come Holy Spirit

Come Holy Spirit fall on me now
I need Your anointing
Come in Your power
I love You Holy Spirit
You're captivating my soul
And every day
I grow to love You more

(Chorus)

I'm reaching for Your heart
You hold my life in Your hand
Drawing me closer to You
I feel Your power renew
Nothing compares to this place
Where I can see You face to face
I worship You in spirit and in truth



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Worship Songs – with chords (Week 2)

1. All Of My Days (K=C)

Verse 1

C Csus C Csus
Proclaim Your awesome power
C Csus C Csus
Tell of mighty deeds
C Csus C Csus
Declare Your future kingdom
C Csus C Csus
Of ever - lasting peace

Pre-Chorus

F C G
And my eyes they look onto You always
F C G
And I am captured by Your ma - jesty

Chorus

C F Am G
All of my days I will sing of Your greatness
C F Am G
All of my days I will speak of Your grace
C G E F
All of my days I will tell of Your wondrous love
G F G C
Your love in my life Your love

Verse 2

All Your works will praise You
Your children bless Your name
We speak of all Your goodness
We walk in fields of grace

2. I Simply Live For You (K=C)

C G
Say the word and I will sing for You
Em F G
Over oceans deep I will fol - low
Am
If each star was a song
E
And every breath of wind praise
Am Dm
It would still fail by far to say all my heart
contains
F G F G C
I simply live I simply live for You

Chorus

G C Dm
As the glory of Your presence now fills this place
C F
In worship we will meet You face to face
Am
There is nothing in this world
Em
To which You can be compared
F G
Glory on glory praise upon praise
C Dm
You bind the brokenhearted and save all my tears
C F
And by Your word You set the captives free
Am Em
There is nothing in this world that You cannot do
F G F G C
I simply live I simply live for You



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3. Divine Exchange (K=C)

C
My heart is captivated Lord by You alone
Am
Cap - tured by the awesomeness of You alone
F
Mel - ted by the grace and mercy You have
shown
G
I stand in wonder

C
I reach to You the one who makes the blind
eyes see
Am
Who breaks the chains of sickness with authority
F
Resto - ring what was broken
G
So it may fly again

Chorus

C Am
I live to worship You I breathe to worship
You
F G
All of my days Your face I will seek
C Am
For as I worship You You lead me to that
place
F G C
To that place of divine ex - change

Bridge

Am G C Am G C
Je - sus Je - sus (4x)

4. Come Holy Spirit (K=G)

G C
Come Holy Spirit fall on me now
G C
I need Your anointing come in Your power
C D Bm Em
I love You Holy Spi - rit You're captivating my soul
Am D
And every day I grow to love You more

Chorus

G
I'm reaching for Your heart
Em
You hold my life in Your hand
Am
Drawing me closer to You
D
I feel Your power renew
Am B
Nothing compares to this place
Em A
Where I can see You face to face
Am D G
I worship You in spirit and in truth



WEEK 3 Party I (Fun Get Together)

Aim:

To become aware of felt needs and create opportunities to reach out in prayer for one another's contacts. Experience the power of the Holy Spirit through answered prayers for felt needs. Expand cell group contacts and enable the cell group to have a time of bonding.

Preparations

1. Theme

Pick a theme for your cell party and plan the rest of the party around the theme. Party should be fun. Create the proper atmosphere. If you are hosting the party at home, look at your surroundings and add a banner or some decorations to make the room more festive. Provide adequate seating for your guests. If it is outdoors, choose a cooler time like early evening and decide on a contingency plan for wet weather program by either adjusting the timing or venue. Some suggested themes are:

- Picnic (optional: kite flying, cycling, trekking)
- Food Trail
- BBQ
- Pizza Party
- Wine & Cheese
- Durian Party
- Cheese/Chocolate Fondue
- Catered buffet
- Sit-down dinner

2. Date/Time/Venue

- Home
- Function room
- Beach
- BBQ area
- Other outdoor venues

You can choose to host the party on a weekend which allows you more time for preparation. Likewise, select a time appropriate for your event especially if it is an outdoor party.



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3. Guest List

Before the start of the campaign, gather the cell group and make a guest list for invitation. Confirm the attendees for this party 2 weeks before the party. By this time you should have received the official count for your party. You could also make a few calls to those who have not responded. Check if any guests have special dietary restrictions and factor this into your planning.

4. Logistics

Plan your **Food list** and shop a few days ahead of time. Dishes that can be prepared in advance and frozen will save you much-needed time on the day of the party. If you are hiring a caterer, confirm the menu in advance; giving details of number of guests you are expecting, date and venue, delivery and set-up time.

See the Suggested Caterers/Home-Delivery Providers (Week 3 - Attachment 2)

Decide on **Music**. It's a small element that can make a huge impact on the event. Whether it's smooth jazz or instrumental music, the music will help facilitate the right mood.

Select **Games** appropriate for the guests bearing in mind if children are present and the suitability of the venue. Refer to *Party Games List (Week 3 - Attachment 1)*.

5. Prayer Time

Every cell member to be prepared to pray for the felt needs of their friends.

Final Coordinating Instructions

- 1) Remind every cell member to bring the *iBless Pamphlets* and *My Power Journal/GKidz Journal*.
- 2) Inform the cell members to give their guests a call before the party to remind them and confirm their attendance.
- 3) Request that all the cell members turn up early, unless they need to fetch their guests. They can help to prepare and pray for the party. They can also standby to assist if there are any last minute preparations or purchases required.



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Program

1. INTRODUCTION (5 minutes)

- Greet all your guests in person as they arrive. Smile and focus on meeting new friends and having fun.
- Cell leader welcomes everyone to the party and explains that this is part of the regular gathering of the cell group where you hang out together and enjoy each other's companionship and friendship.
- Follow this by a round of introduction so that both members & visitors can get to know each other. Every cell member should make it a point to get to know each other's friends better before the end of the event.

2. ICE-BREAKERS (20 minutes)

Select games appropriate for the guests, cater to the children that are present as well as the suitability of the venue. Refer to Party Games List (Week 3 - Attachment 1).

3. INDULGENCE (50 minutes)

Meal time. Extend hospitality to each other's guests. Cell members should take this opportunity to get to know the guests.

4. INTERACTION (10 minutes)

The cell leader can thank the guests for coming and request that the cell group have the opportunity to pray for each invited guest before the gathering is brought to a close. The cell member can then either approach his/her invited friends or other guests whom he/she has built a rapport with and ask if there is any need that he/she can pray for. You can use the iBless Pamphlets to find out a bit more on their needs or check if there have been new developments since the last time they have shared.

5. INVITATION (5 minutes)

End the party by inviting the guests to attend the weekend celebration services at TCT or TC and arrange to meet and attend together.



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Post Event Follow-Up

1. Disseminate the name and needs to the cell group to continue to pray in accordance to what the person has shared. Expect God to answer when we persevere in prayer.
2. If it is not possible to record down their thoughts immediately after the party, the cell members should be reminded to record down their thoughts and reflections in the *40UP My Power Journal/GKidz Journal* after they reached home and to journal daily what they hear from God.
3. Brief the cell group on the following week's *Treasure Hunt Program*.
4. Upload photos taken during the party to the FCBC official 40UP website. (www.40up.sg)
5. Remember to fill up the *iBless Pamphlets* for every person your cell group has blessed this week. Deposit the portion to be submitted to the church into your respective team pastors' box at our weekend celebration services.



When planning for the party, you may want to consider the children's oikos and plan a party for them, or invite pre-believing friends who are parents to run a party for their children together.

If you are keen to organize a children's party, please refer to Week 3 - Attachment 1 – 'How To Organise a Children's Party'.



Party Games List

1. Winning Pairs

You Will Need:

- Any number of players
- Sheets of paper with names of couples or things that belong together
- Safety pins

How To Play:

Before your guests arrive, prepare sheets of paper with names of pairs that belong together, for example, Adam and Eve, Brad & Angelina, bow and arrow, salt and pepper.

As each guest arrives, pin a sheet on their back so that everyone else can see their name, but they are unaware of their own identity. (Make sure you do not pin name pairs on guests that arrive together, or shortly after one another - this would make it way too easy).

If you have invited an uneven number of guests, you could always have a triple set, for example, "Alvin & The Chipmunks" or "The Three Musketeers".

Once all your guests have arrived and have their identity pinned to their back, ask them to find out who they are, and, at the same time, locate their partner(s).

To do this, each guest will have to walk around, read everyone else's label, and ask questions about themselves, for example, "Am I dead or alive?", "Am I a human being?"

Who Wins:

If guests think they know who they are, they should approach their assumed partner and check with him or her if their guess was right.

Every wrong guess counts as a point.

Stop the game at any point, and impose penalties on those who have not guessed who or what they are, and also on those who have made more than three incorrect guesses.

Everyone's identity should now be revealed.

If you play a partner game next, people could stay paired up as they are.



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2. I Can Feel It!

You Will Need:

- Any number of players
- A basket full of objects – a dog biscuit, a prune, an avocado, an onion, a carrot, a bracelet, a piece of string and any other object with a different kind of feel.
- Pencil and paper for each player

How To Play:

As your guests arrive, tell them they may slip their hands into the basket - without removing the covering - and feel the objects without looking at them.

Let each person feel around under the cover for about a minute (depending on the number of objects in the basket).

Then provide paper and pencil and ask the players to list the objects in the basket.

Who Wins:

The person with the most number of correct items wins.



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3. Who's my neighbour?

You Will Need:

Any number of players

How To Play:

The guests are all introduced and are seated in a circle. Just to make sure everyone has mastered everyone else's name, each guest says his name out loud one more time before the game begins.

The host, who is seated in a circle with his guests, suddenly points to one of them, mentioning his or her name and asking "Who's next?"

Now comes the catch. If the host points with his **right** hand, the player pointed at must immediately point to some other player on his **right**, and call his or her name. If the host points with his **left** hand, the player pointed at must point to another player on his **left**. The second player may point with either hand.

Example:

So, Isaac might point at Joelle with his right hand and say "Joelle, who's next?" Joelle would then point at Josiah, who is on her RIGHT, with her LEFT hand and say "Josiah". Josiah instantly points his RIGHT hand at Jerry, who is on his LEFT, saying "Jerry". And so on.

Player who points in the wrong direction or who forgets a name drops out of the game.

Who Wins:

The last 2 guests will be the winners.



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4. Four Letter Word

You Will Need:

- As many guests as possible
- Large sheets of paper, each with a letter written on it, prepared in advance.
- Safety pins

How To Play:

Before the party, prepare the sheets of paper, writing one large letter on each sheet.

To help you come up with ideas, think of four-letter words, including normal, unusual and even rude ones, if you wish. Then use all the letters in these words.

As your guests arrive, randomly pin a letter on each one. Ask them to find three other people whose letters, together with their own, make up an interesting word. Set a time limit, so you know when to stop.

Who Wins:

When the time is up, get your guests to stand in groups of four to present their word.

Everyone else can judge the result, and give points for originality. Unusual words may get extra points.

If one person - and their letter - features in several words, they also get extra points. Points could also be deducted for boring and predictable words, or if two groups present the same word. The winner is the group with the most points.

Ideas For Words:

Idea, Game, Sexy, Nice, Best, Type, Rose, Bird, Tale, Apex, Afar, Bank, Buzz, Card, Clan, Deal, Glue, Haze, Hunk, King, Lava, Luck, Maze, Moor, Rich, Riot, Sane, Warp, Whip, Yarn, Zoom.



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5. Give Me

You Will Need:

- As many guests as possible.

How To Play:

This is a fairly simple game, which nevertheless can be quite fun. Get a caller to go in front of the room, and call out the names of various items, like:

You Will Need:

- Thumb drive
- Black shoe
- \$50 note
- Nail clipper
- Pack of tissue paper
- Photo
- Foreign coin/currency
- Flowery handkerchief
- Notepad
- Bifocal glasses
- Breath mints
- Business card
- Cell phone cover
- Coins that total \$0.75
- Hand lotion
- Handkerchief
- Key chain with at least 10 keys
- Paperclip
- Pen with red ink
- Perfume
- Pocket knife
- Receipt
- Rubberband
- Postage Stamp

Who Wins:

Whoever runs up first with any of the items gets a prize. Always ensure having the prizes ready before the party.



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6. Black Magic

You Will Need:

- As many guests as possible

How To Play:

The guesser and the giver work together in this game. To play "Black Magic" you have one person, the "guesser", close their eyes or face away from the group. Then, another person, the "giver", silently points an object out to everyone else in the room. This object is now an "it" that the guesser has to guess.

Have the guesser turn around. The giver points to many objects in the room asking if the object is "it." The secret is, none of the objects are "it" until after the giver points to something black (a person's shirt, watch, phone, anything black). The object immediately after is the "it" in question.

For example...

Giver: "Is it this Cheerios box?"

Guesser: "No"

Giver: "Is it my (black) boots?"

Guesser: "No"

Giver: "Is it this soda can?"

Guesser: "Yes"

This should drive everyone in the room crazy trying to crack the code!

Who Wins:

Guests understand the secret of "Black Magic" win.



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7. Please Move Over

You Will Need:

- As many guests to participate as possible

How To Play:

Everyone sits in a circle on chairs, except the host. You may need some preparations for this game.

The host will ask some questions - starting with simple ones. For example: "Have you ever met a celebrity? "

Questions for the game:

- Have you ever been to Estonia?
- Have you ever ridden on a motorcycle?
- Have you ever lived in Malaysia?
- Have you ever taken a photo with a celebrity?
- Have you ever been to Disney World?
- Have you ever kissed a dog?
- Have you ever planted a vegetable garden?
- Have you ever been a McDonald crew?
- Have you ever planned a wedding?
- Have you ever jay-walked?
- Have you ever ridden in a limousine?
- Have you ever driven a scooter?
- Have you ever made a trip to Haw Par Villa?
- Have you ever sent a man flowers?
- Have you ever participated in a marathon?
- Have you ever gone mountain climbing?
- Have you ever owned a waterbed?
- Have you ever been to a chiropractor?
- Have you ever been a member of a choir?
- Have you ever purchased a condominium?
- Have you ever participated in a beauty contest?
- Have you ever competed in a baby contest?
- Have you ever personally experienced an earthquake?
- Have you ever been on a school sports team?
- Have you ever played an instrument?

If you answered "Yes", you move one seat, clockwise. If you answered "No" you stay put.

You could end up with 5 people on your lap.

Who Wins:

First person back to their seat wins.



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8. Outdoor Scavenger Hunt

You Will Need:

- As many guests as possible
- Printed list of items

How To Play:

Print a list of nature items for the hunt. Give players or teams the printed list of nature items to find. Some suggestions are: rock, leaf, mineral water bottle, tissue paper, twig, red plastic bag, newspapers, slippers, or black shoes.

Who Wins:

The first player or team to report back with all of their items wins the prize.



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9. Egg Toss Challenge

You Will Need:

- As many guests as possible
- 15 eggs

How To Play:

The Egg Toss Game is definitely an outdoor game and is suitable for adults and kids above the age of 10.

Split into pairs and give each pair a raw egg. Each pair faces one another about one meter apart.

The first person throws the raw egg to his partner who has to catch it with their bare hands without the egg breaking. If they succeed they both take a step backwards and then toss the egg again.

Carry on like this until someone drops the egg or they are too afraid to carry on with the game. They are then out of the game.

This game is a lot of fun and they are to think of ways of catching the egg with their bare hands while minimizing breaking it.

Who Wins:

The last pair still in the game with an unbroken egg.



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10. The M&Ms Hunt Game

This is a game that can be played indoors or outdoors. The M&Ms Hunt Game is also a scavenger-type treasure hunt, which is a hit with party guests of all ages!

You Will Need:

- As many guests as possible
- M&M's
- Plastic Baggies
- Clues in Envelopes

Preparations

Before the party, create some clues telling the location of plastic baggies containing M&Ms. The clues can be as easy or as hard as you want them to be. Just keep in mind the ages and abilities of your guests.

You'll want each team to visit every hidden M&M location, but in a different order. So make copies of the same clues for each team, put them into envelopes, and number the envelopes. This will be fun because you'll have party guests running all over!

Hide the baggies of M&M's prior to the party, or you can wait just before the time to play the game and then hide the bags (if you can do it without being noticed.)

Assign a point value to each color of M&M (for example: green is worth 1 point, red is worth 2 points, etc. - whatever you decide!)

How To Play:

Divide guests into teams.

Give each team their clue envelopes.

Give each team a plastic baggie for collecting M&Ms at each hidden location.

This is very important! Tell each team to take THREE M&Ms from each hiding spot. They can select any three colours they wish, but ONLY three.

Tell the teams that each color of M&M is worth a certain number of points, but don't tell them the point values. The fun will be that they don't know what each M&M is worth...

Who Wins:

The team with the most points at the end wins! Celebrate with M&Ms for everyone!



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How To Organise a Children's Party

A. Ideas

- Children's Party – Theme Party, Party with Magic Show
- Family Party – Family Games Evening

B. Choosing a theme.

By organizing your party around a particular theme, you can co-ordinate the whole party.

The entertainment, cake, food, tableware, decorations, balloons, games, activities, prizes can all be organized around the theme. The children may like to dress up to suit the theme.

You can choose the theme for the party by considering the following.

- What is the children's favourite activity? E.g., Art & craft, board games, playing Wii
- Who is the children's favourite character? E.g., Superheros, Spongebob
- Do the children have an all involving interest? E.g., Dinosaurs, soccer
- Does the time of year or season lend itself to a theme. i.e. Racial Harmony Day, National Day. Also consider favourite colours or letters for the theme.

C. Theme Decorations

If you are planning a theme for your party read the ideas below and make the ideas and colours appropriate to your theme. For example, if you are having a Butterfly theme - choose pink and purple; for a Footy theme – choose footy colours etc.

-Balloons

Hang balloons in bunches for a great look.

Attach balloons to light fixtures or the ceiling and hang them in doorways or anywhere else suitable in your house.

Use colourful ribbon to tie the balloons together and curl the end by pulling the ribbon between your thumb and the blade of scissors.

Tie a balloon to each child's chair.

Tie balloons to the gate.

-Streamers

Decorating with streamers adds colour.

Gather 6 to 8 streamers and attach them to the walls - mounting them in corners and opposite facing walls works well. Then twist them and attach them to the ceiling or light fitting in the centre of the room.

For colourful two colour streamers, lay two different colours back to back and twist them.



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-String streamers

Cut out different shapes in card. Thread the end of a piece of ribbon through the top of each shape and knot it tightly. Spread a string across the room in an elevated position.

Tie the ribbons holding the shapes at evenly spaced intervals along the string.

-Paper chains

Cut different colours into strips. Stick the ends of one strip to make a loop. Then loop another strip through this loop and stick. Keep making new loops until you have a long chain.

-Table Decorations

Choose a brightly coloured table cloth and spread it on the table. You might like to put a protective covering under the cloth to protect the table.

Choose two colours for your cups, plates, bowls etc.

Cut several pieces of curling ribbon and curl it by pulling between your thumb and the blade of scissors. Lay the curls along your table and in front of each table setting. Sprinkle table glitter over the table.

Place name cards are a good idea or a party take-home treats with the child's name pasted on it helps to prevent any problems regarding who sits where.

D. Indoor Party Games

The secret to a successful children's party is to have a good roster of games. Kids and 'kids at heart' enjoy joining the fun and colourful games. It is important to have all the necessary materials for your game to work.

1. Dog and the Bone

- The children sit in a circle.
- One child, who will be the 'dog', sits in the middle with his eyes shut and a bone behind him.
- A person in charge points to one of the children in the circle.
- That child has to creep in and get the bone and put it behind his back.
- All children put their hands behind their back and say "Doggie, doggie, who's got the bone?"
- The 'dog' then opens his eyes and try to choose who has his bone. He has two guesses.
- If he guesses correctly, he has another turn. If he doesn't, the child with the bone is the new dog.
- The game then starts again.



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2. Who Am I?

- All children will get a tag that will be pasted on their back. The tag will have the name of an animal written on it. They are not supposed to see what is written on the tag.
- When the game starts, the children are to walk around and their friends “Am I a _____?” The child who answers the questions can only say “YES” or “NO”.
- The first child who is able to guess what is written on the tag pasted behind him is the winner.

3. Pass the Parcel

- A present is wrapped in many layers of paper.
- The children sit in a circle. Play some music and ask the children to pass the parcel around the circle.
- Stop the music. The child holding the parcel unwraps just one layer of paper.
- Start the music again and the children must pass the parcel around the circle again. Watch where you can stop the music so that each child can have a turn.
- The game continues until the parcel has been completely unwrapped and the winner gets the prize in that has been wrapped up.

4. Mix ‘em up.

- Create two teams with equal number of kids.
- Team A goes into another room and Team B switches some of their clothes and accessories with other team members. Keep track of how many items that you change.
- Bring Team A back into the room and give them 5 minutes to list as many items as they can see have been changed.
- Now reverse this and let Team B leave the room. Give them 5 minutes to guess and the winner is the one who guess the most items correctly.

5. Mummy Wrap

- Divide children into two teams.
- Each team selects one person to be wrapped up.
- Each team is given a few rolls of toilet paper and when the word "Go" is given, each team races to wrap them up. The team to totally cover the team member first is the winner.
- Just a hint – do the wrapping slowly and you won't tear and paper and have to start again.



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6. Balloons Up

- The person who can keep the balloon up in the air the longest, wins.
- Game is best played with two people at a time so that you can have a play off at the end.
- Each person bounces their balloon on their heads to keep it in the air - no hands, feet or other objects to help.
- Winner is the one who keeps the balloon up in the air the longest.
- Make sure your area is clear so that the children don't trip over.

E. Prayer Time

Get the adults or children to say a blessing prayer for each child during meal time or have them pray for one another just before the group says grace together.

For children parties, refer to <http://www.childrensparties.com.au/themes.php>



Suggested Caterers/Home-Delivery Providers

Caterers

- 1) Absolute (67566562) <http://www.absolutecatering.com.sg/>
- 2) Angeli (63440969) <http://www.angeli.com.sg/>
- 3) Chilli Api (62460163) <http://www.chilliapi.com.sg/>
- 4) CJS (63833113) <http://www.cjscatering.com.sg/>
- 5) EatZ (67890328) <http://www.eatzcatering.com/>
- 6) KG (6858 8010) <http://www.kgcatering.com.sg/>
- 7) Kim's Kitchen (63424988) <http://www.kimskitchen.com.sg/>
- 8) Manna Pot (68531568) <http://www.mannapot.com.sg/>
- 9) Neo Garden (68967757) <http://www.neogarden.com.sg/>
- 10) Rasel (67777183) <http://www.rasel.com.sg/>

BBQ

- 1) BBQ House (68421112) <http://www.bbqhouse.com.sg/>
- 2) BBQ Wholesale Centre (68486848) <http://www.bbqwholesale.com/>
- 3) City Satay (64455369) <http://www.citysatay.com/>
- 4) Ezb (63928392) <http://www.ezb.com.sg/>
- 5) HungryBBQ (62432243) <http://www.hungrybbq.com/>

Pizza

- 1) Canadian Pizza (62410241) <http://www.canadian-pizza.com/>
- 2) Domino's Pizza (62226333) <http://www.dominos.com.sg/>
- 3) Pastamania (62757555) <http://pastamaniadelivery.sg/>
- 4) Pelican (62608488) <http://www.pelicanpizza.com.sg/>
- 5) Pizza Hut (62353535) <https://www.pizzahutonline.com.sg/>
- 6) Rite Pizza (68993838) <http://www.rite-pizza.com/>
- 7) Sarpino's Pizzeria (62626767) <http://www.sarpinos.com.sg/>

Others

- 1) Botak Jones (62890225) <http://www.botakjones.com/catering.php>
- 2) Brindas (18002746327) <http://www.brindas.com.sg/>
- 3) Cuisine Express (63399883) <http://www.cuisinexpress.com.sg/>
- 4) Golden Pillow (63238933) <http://www.goldenpillow933.com.sg/>
- 5) KFC (62226111) <https://www.kfconline.com.sg/>
- 6) Kway Guan Huat Popiah (96773441) <http://www.joochiatpopiah.com/>
- 7) McDonalds (67773777) <http://www.mcdelivery.com.sg/>
- 8) O'Briens (65357891) <http://www.obriens.com.sg>
- 9) Sakae Sushi (6388 8383) <http://www.sakaedelivery.com/>
- 10) Subway (62782929) <http://www.substogo.sg/>
- 11) The Sandwich Shop (65365232) <http://www.thesandwichshop.com.sg>
- 12) Yum Cha Express (62221717) <http://www.yumchaexpress.com.sg/>



WEEK 4 'People' Treasure Hunt

Aim

Finding God's Treasure in people. This Treasure Hunt is simply partnering with God to bring a LOVE encounter to people. Allow each member to be led and empowered by the Holy Spirit to bless and minister to someone through divine appointments and bring the Kingdom on earth.

Preparations

1. The cell group should sub-divide into smaller groups of two or three persons. Whenever possible, there should be a person of the opposite gender in each group.
2. Cell group to determine whether they will meet together as a cell first or meet separately in smaller groups at the start of the hunt.
3. Cell group/small groups to use given set of worship songs.
4. Encourage the members to hear God's voice. In John 10, GOD reveals Himself to us as a Shepherd. Jesus as the True Shepherd assures us that as His sheep, we ought to know and hear His voice. John 10:27 "My sheep hear My Voice" and John 8:47 "He who belongs to God hears what God says" affirm that they should and can hear God's voice on a regular basis!
5. Possible Promptings can be:
 - A word, impression or vision.
 - A person-in-need e.g. (a sick relative, a frustrated colleague or a depressed friend) that the Lord brings to your mind.
 - If any person has a weighty word, take some time to bring the word before the Lord in prayer and discern if it is suitable to release the word to the 'Treasure'.

Final Coordinating Instructions

- 1) Remind every cell member to bring the *iBless Pamphlets* and *My Power Journal/GKidz Journal and Treasure Map*.
- 2) If the Lord speaks to them prior to the day of the Treasure Hunt, they can begin filling up their treasure maps.



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Before this “People Treasure Hunt” activity, GKidz will teach children to hear from God. During the GKidz sessions, children who are joining cell activities with parents will ask God for a ‘Treasure’ to seek out when they go out with their parents in Week 4 of 40UP. They will also be given a Treasure Map on which they will write down what they have heard from God about the ‘Treasure’.

Assign children to be in the same group as their parents when they go out to seek for their ‘Treasure’.

Program

1. SEEK the Lord (30 minutes)

- Worship (Suggested Songs)
 - Hear Our Praises (C)
 - Great In Power (C)
 - This Is Our God (D)
 - Holy Spirit (C)
 - Let Your Spirit Come (C)
 - Come Holy Spirit (G)
- Wait upon the Lord. Play some background music and allow the cell group to listen to the Lord’s leading for the treasure hunt.
- You can divide the cell group into smaller groups as they seek the Lord’s leading in the treasure hunt. Ask God for “clues” eg. location, name, need, special features, etc. Do not deliberate too long on the promptings, but just jot down the impressions immediately.

2. SHARE the Prompting (10 minutes)

- As a group share with one another the impressions.
- Look out for similarities and add additional attributes into your Treasure Map.
- Share with the cell leader the person you are looking for in the Treasure Hunt.
- Quickly decide where you will go.



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- Appoint a time keeper. Take note what time you will have to return and give a generous allowance for travel time.
- Pray for God's anointing, favour and protection.
- Go for it!

3. SEEK the Treasure (45-60 minutes)

- Each child is to partner with an adult to go hunting for the 'Treasure'. The child can bring the Treasure Hunt worksheet along.
- The method of the treasure hunt is by:
 - Following the prompting that was released earlier.
 - Prayer-walking and letting the Spirit directing you to your 'Treasure'
 - Visiting a home or hospital.

What to do:

- Proceed to the place and look for the person you are seeking.
- Prayer walk the place on arrival and wait for further revelation from the Holy Spirit.
- When you have found your 'Treasure'; smile, introduce yourselves and speak politely to your 'Treasure'. Show him/her your *Treasure Map* and your clues to explain the reason you are led to him/her in this treasure hunt.
- Discern, Pray, Minister for the revealed condition of the person.
- Share the gospel (if opportunity arises)
The iBless Pamphlets can also be used.

In closing:

- Arrange for follow-up
- Thank the person for the opportunity and hospitality.
- Invite the person to Party II and our miracle services at TC/TCT.

4. SHARE the Experience (20 minutes)

- Gather together for a debrief.
- Provide a few minutes for every person to record down their thoughts and reflections in their copy of *My Power Journal/GKidz Journal*.
- Give every member a time to share their experiences. Encourage those who did not succeed in locating their 'treasure' not to lose heart but continue to practice in the days ahead as the word could be for another occasion.



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- Document the different encounters by the cell members.
- Intercede as a cell for the person that they have prayed for.

Post Event Follow - Up

1. Make a follow-up phone call within within a week to check on any person you have prayed for. Share the response to the follow-up call with the rest of the cell group.
2. Share your treasure hunt stories and upload photos taken to the FCBC official 40UP website. (www.40up.sg)
3. Remember to fill up the iBless Pamphlets for every person your cell group has blessed this week. Deposit the portion to be submitted to the church into your respective team pastors' box at our weekend celebration services.



40 Days of Unlimited Power

Week 4 – Attachment 1

Worship Songs (Week 4)

1. Hear Our Praises

May our homes be filled with dancing
May our streets be filled with joy
May injustice bow to Jesus
As the people turn and pray

(Chorus)

From the mountain to the valley
Hear our praises rise to You
From the heavens to the nations
Hear the singing fill the air

May a light shine in the darkness
As we walk before the cross
May Your glory fill the whole earth
As the water over the sea

(Bridge)

Hallelujah (4x)

2. Great In Power

Praise Him you heavens
And all that's above
Praise Him you angels
And heavenly hosts
Let the whole earth
Praise Him

Praise Him the sun moon
And bright shining stars
Praise Him you heavens
And waters and skies
Let the whole earth
Praise Him

(Chorus)

Great in power
Great in glory
Great in mercy
King of heaven
Great in battle
Great in wonder
Great in Zion
King over all the earth

3. This Is Our God

Your grace is enough
More than I need
At Your Word I will believe
I wait for You draw near again
Let Your Spirit make me new

(Chorus)

And I will fall at Your feet
I will fall at Your feet
And I will worship You here

Your Presence in me
Jesus light the way
By the power of Your Word
I am restored
I am redeemed
By Your Spirit I am free

(Bridge)

Freely You gave it all for us
Surrendered Your life upon that Cross
Great is the love poured out for all
This is our God

Lifted on high from death to life
Forever our God is glorified
Servant and King
Rescued the world
This is our God



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4. Holy Spirit

You're all I need
You're all I breathe
It's You that I'm thirsting for
It's You I seek
On bended knee
It's You that I'm longing for

(Pre-Chorus)

I want to worship You only
In spirit and in truth
Longing for Your anointing
To fall on me
Let it fall from heaven

(Chorus)

Holy Spirit Holy Spirit
Come Holy Spirit
Come pour out Your oil anointing

(Bridge)

We need Your power
We need Your strength
Come pour it out Lord
Open Heaven

5. Let Your Spirit Come

Let Your Spirit come
Let Your Will be done
Let Your presence fall on me
Christ You've set me free
You're my liberty
Let Your presence fall on me

(Chorus)

Let the power of the Holy Ghost
Fall in this place
Come and change my heart
Renew me
With Your mercy and Your grace
Let the love of Christ surround me
Come closer to my side
Let Your Spirit fall on me

6. Come Holy Spirit

Come Holy Spirit fall on me now
I need Your anointing
Come in Your power
I love You Holy Spirit
You're captivating my soul
And every day
I grow to love You more

(Chorus)

I'm reaching for Your heart
You hold my life in Your hand
Drawing me closer to You
I feel Your power renew
Nothing compares to this place
Where I can see You face to face
I worship You in spirit and in truth



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Worship Songs – with chords (Week 4)

1. Hear Our Praises (K=C)

Verse 1

C
May our homes be filled with dancing
Am F G
May our streets be filled with joy
C
May injustice bow to Jesus
Am F G
As the people turn and pray

Chorus

C G F
From the mountain to the valley
Em F G
Hear our praises rise to You
C G F
From the heavens to the nations
Em F G C
Hear the singing fill the air

Verse 2

May a light shine in the darkness
As we walk before the Cross
May Your glory fill the whole earth
As the water over the sea

Bridge

F Am
Halle - lujah Halle - lujah
F G
Halle - lujah Halle - lujah

2. Great In Power (K=C)

C
Praise Him you heavens and all that's above
C
Praise Him you angels and heavenly hosts
F C
Let the whole earth praise Him
C
Praise Him the sun moon and bright shining
stars
C
Praise Him you heavens and waters and skies
F C
Let the whole earth praise Him
C Am
Great in po - wer Great in glo - ry
F Am G
Great in mercy King of hea - ven
C Am
Great in bat - tle Great in won - der
F Am G C
Great in Zion King over all the earth



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Worship Songs – with chords (Week 4)

3. This Is Our God (K=D)

Verse 1

D F#m Bm
Your grace is enough more than I need
G D
At Your Word I will believe
D F#m Bm
I wait for You draw near again
G A
Let Your Spirit make me new

Chorus

Bm G Em A
And I will fall at Your feet I will fall at Your feet
Bm G
And I will worship You here

Verse 2

D F#m Bm
Your Presence in me Jesus light the way
G D
by the Power of Your Word
D F#m Bm
I am re - stored I am re - deemed
G A
By Your Spirit I am free

Bridge

D
Freely You gave it all for us
A
Surrendered Your life upon that cross
Em Bm
Great is the love poured out for all
G D
This is our God
D
Lifted on high from death to life
A
Forever our God is glorified
Em
Servant and King
Bm
Rescued the world
G D
This is our God

4. Holy Spirit (K=C)

C G
You're all I need You're all I breathe
F Am G
It's You that I'm thirsting for
C G
It's You I seek on bended knee
F Am G
It's You that I'm longing for

Pre-Chorus

Dm G
I want to worship You only
C G Am
In spirit and in truth
Dm G
Longing for Your anointing
Bb F G
To fall on me let it fall from heaven

Chorus

C F Am G
Holy Spirit Holy Spirit come Holy Spirit
F G
Come pour out Your oil anointing

Bridge

F G Am F C
We need Your po - wer we need Your strength
F G Am F G
Come pour it out Lord open Heaven



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5. Let Your Spirit Come (K=C)

C
Let Your Spirit come
Em Am
Let Your Will be done
Dm G
Let Your presence fall on me
C
Christ You've set me free
Em Am
You're my liber - ty
Dm G C
Let Your presence fall on me

Chorus

G Am Em
Let the power of the Holy Ghost fall in this
place
F
Come and change my heart renew me
C
With Your mercy and Your grace
G Am
Let the love of Christ surround me
Em
Come closer to my side
Dm G
Let Your Spirit fall on me

6. Come Holy Spirit (K=G)

G C
Come Holy Spirit fall on me now
G C
I need Your anointing come in Your power
C D Bm Em
I love You Holy Spi - rit You're captivating my soul
Am D
And every day I grow to love You more

Chorus

G
I'm reaching for Your heart
Em
You hold my life in Your hand
Am
Drawing me closer to You
D
I feel Your power renew
Am B
Nothing compares to this place
Em A
Where I can see You face to face
Am D G
I worship You in spirit and in truth



TREASURE MAP

Write a word of knowledge in each category below:

LOCATION (stop sign, shop, bench, house, etc.)

PERSON'S NAME

PERSON'S APPEARANCE

PERSON'S PRAYER NEED (healing in knee, tumor, prayer for stress etc)

THE UNUSUAL (pink balloons, yellow feathers, giant kangaroo etc)

1. Get together in your group and decide where you will go. Choose a starting location.
2. Start by finding out who you need to go to and begin to talk to him.
3. As you approach the person :
 - You can say, **"This may seem a little odd, but we are on a Treasure Hunt and we think you're the treasure we are looking for."** Explain that you feel this about him because of the clues.
 - **SHOW HIM YOUR MAP** – give a prophetic word and bless him.
 - Build rapport (make friends – ask questions about him to get to know him).
 - Ask if you can pray for him – pray for healing or for other things.
4. If he says "no":
 - Build further rapport (common ground – friendship).
 - Ask the Holy Spirit what he wants to highlight about the person.
 - Give him some encouraging words (prophesy).
5. Ask again if you can pray for him.
 - If he says no again, bless him and go to the next person.
 - If he says yes, ask for God's presence to come, command the pain to leave (if there is pain).
 - Ask him to test it out, "Do something you couldn't do before we prayed".
6. When he is healed:
 - Explain what happened.
 - Ask him if he would like to know Jesus personally.
 - Lead him to invite Jesus into his life.
7. Go to the next appointment!



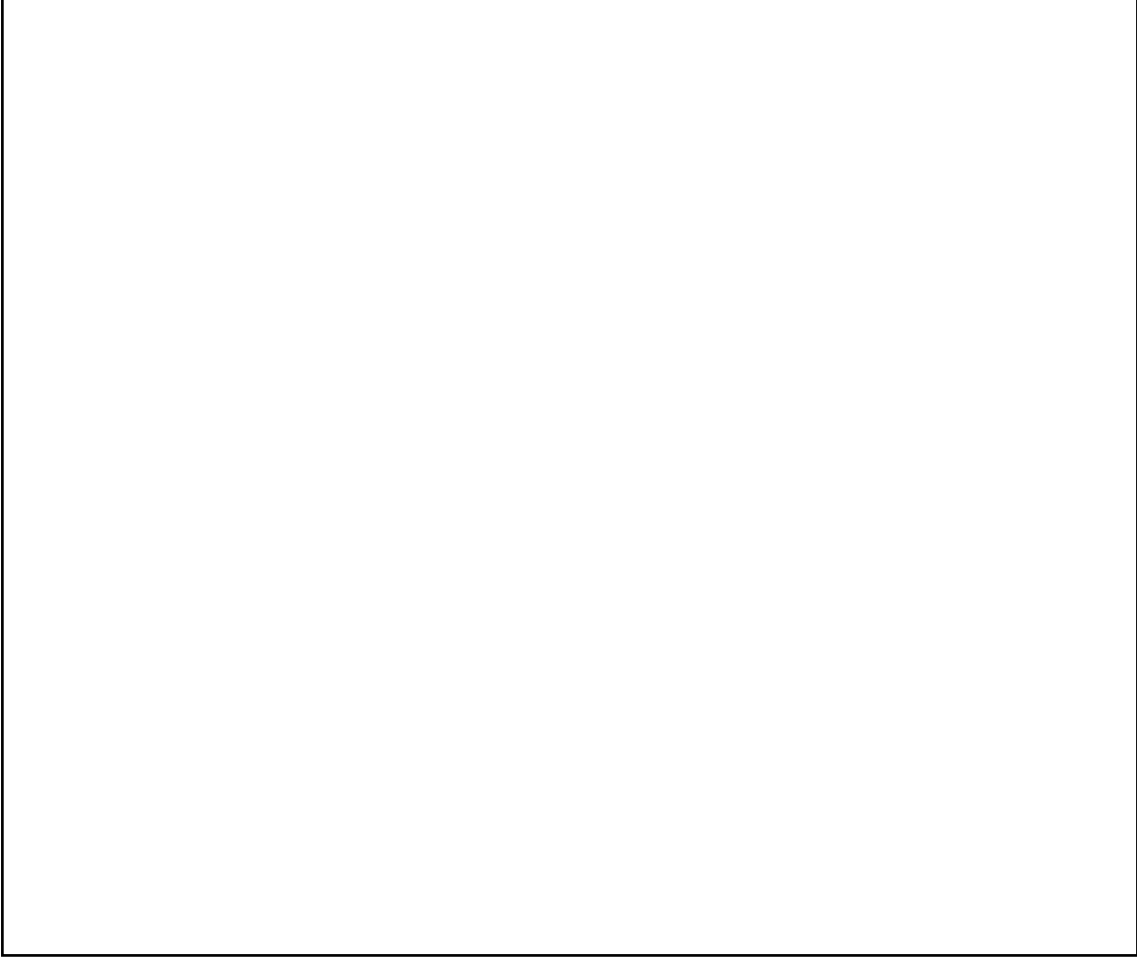
Things to note when you approach the 'Treasure':

1. When you approach the person, say:
"This may seem odd, but we are on a Treasure Hunt and we think you are the treasure that we are looking for."
2. Show him the map.
3. Ask if you can pray for him – pray for healing or for other things
4. If he says "no", bless him and go to the next person.
5. If he says "yes", pray according to the word of knowledge that you have received. OR, ask him if there is something in his life that he needs prayers.
6. If the person is open after you have prayed for him, invite him to church. The leader/parent can help to give details about the church service.

Find your
TREASURE
with love

Name of Child: _____

Draw any visions or pictures that the Holy Spirit shows you:



o Location (Signs, shops, bench, house, etc)

o Person's Name

o Person's Appearance

o Person's Prayer Need (healing in knees, tumor, stress, etc)

o The Unusual (pink balloons, yellow feathers, giant kangaroo, etc)

WEEKS Project – Visit and Serve the Poor

Aim

The intention is to seek out the poor and needy among us, to understand their felt needs and to bless them. Through this exercise, members are challenged to develop a heart of compassion for the poor and needy.

Preparations

1. Identify the poor and needy. These could be:
 - a) 1 or 2-room rental flat dwellers. Cell group could work with the Residents' Committee to seek out families that are poor and needy.
 - b) Foreign worker, friends, relatives or family members who face emotional, mental, financial problems, etc.
2. Possible Contacts or Referrals (for those who do not have any existing contacts). You can send an email to 40UP.Referrals@fcbc.org.sg (by 15 August 2011) to render your services to any of the following centres. Kindly state the number of people your group is able to serve, preferred day and time, service centre, type of service and your contact details. We will help to connect you with the relevant centre coordinator.
 - FCBC Mint† (Intellectually Challenged) – Home cleaning/Outing/Workshops
 - FCBC SPM (Physically Challenged) – Home cleaning/Outing/Errands
 - TOUCH Home Care – Home cleaning/Outing
 - TOUCH Senior Activity Centre – Home cleaning/Outing
 - TOUCH Young Arrows – Indoor program/Outing
3. Confirm on the preferred day/time of visit. Give a call to confirm a day before the visit.
4. Purchase/borrow cleaning equipment, if needed.



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If you have children in the cell, you might want to consider identifying people whom the children can serve as well.

To get the children to be involved with serving, prepare them so that they can do well. Give them as much information as possible to let them have an idea of what is going to happen.

Some things children can help in:

- singing songs for elderly folks
- playing games with other children
- making cards or craft in advance to give to the needy people

Final Coordinating Instructions

- 1) Arrange to meet at the void-deck or common-area 15 minutes before arranged visit and proceed to go up to the home/unit together.
- 2) Brief the cell group on the background of the person you are visiting. Remind them to be friendly, polite and respectful and to observe other social etiquette.

Program

1. SERVE the Poor & Needy (60 minutes)

What to do:

- Bring a token gift; e.g., fruits or foodstuff.
- Help with cleaning, repairs, running errands or other activities requested.
- Someone to converse and discern the felt needs of the person.
- Ask permission to take a picture together.
- Arrange for follow up visit to meet the felt needs if necessary.
- You can also use the *iBless Pamphlets*.



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2. SHARE the Experience (20 minutes)

- Gather together for a debrief at a quiet and convenient place e.g. coffee joint or coffeeshop that is not so crowded/noisy.
- Provide a few minutes for every person to record down their thoughts and reflections in the *My Power Journal/GKidz Journal*.
- Give every member a time to share their experiences. Encourage everyone for being a blessing to the sick/elderly. Acknowledge their acts of love and service.
- Brief them on the following week's program and their respective roles and responsibilities.
- Encourage them to continue with iBless within the week and to journal daily what they hear from God.
- Close with a time of prayer & thanksgiving.

Post Event Follow-Up

1. Report to your Team Pastors on the activities that the cell group has accomplished through this project.
2. Follow-up on any requests or promises made.
3. Share your visit and upload photos taken to the FCBC official 40UP website. (www.40up.sg)
4. Remember to fill up the *iBless Pamphlets* for every person your cell group has blessed this week. Deposit the portion to be submitted to the church into your respective team pastors' box at our weekend celebration services.



WEEK 6 Party II (Celebrate & Tell A Story)

Aim

To celebrate the end of the campaign with invited friends whom the cell group has prayed for or reached out to during the campaign period. Take this opportunity to invite the guests to the celebration services on September 17-18, 2011.

Preparations

1. Theme

Pick a different theme from the week 3 party. Choose a theme and plan the party around it. Most important thing is to make the party fun and create a celebrative atmosphere. If you are hosting the party at home, look at your surroundings and add a banner, some decorations or pictures taken during this campaign. It is recommended to host this party indoors as it will be quieter and more conducive for sharing. Some suggested themes are:

- Potluck (it will be good to involve the guests in bringing some food items so that they can feel a sense of contribution towards this party)
- Popiah Party
- Steamboat
- Catered buffet
- Sit-down dinner

See the Suggested Caterers/Home-Delivery Providers (Week 3 - Attachment 2)

2. Date/Time/Venue

- Home
- Function rooms

You can choose to host the party on a weekend and a timing which allows you sufficient time for preparation.

3. Guest lists

Invite friends that the cell group has met for the past 5 weeks. Make a call to them to confirm their attendance and provide instructions on how to get to the venue or better yet, assign cell members to pick up some of the guests whom you have recently met. Check if any guests have special dietary restrictions and factor this into your planning.



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4. Logistics

Plan your **Food list** and shop a few days ahead of time. Dishes that can be prepared in advance and frozen will save you much-needed time on the day of the party. If you are getting a caterer, confirm the menu in advance; giving details of number of guests you are expecting, date and venue delivery and set-up time.

See the Suggested Caterers/Home-Delivery Providers (Week 3 - Attachment 2)

Decide on **Music**. It's a small element that can make a huge impact on the event. Whether it's smooth jazz or instrumental music, the music will help facilitate the right mood.

Select **Games** appropriate for the guests bearing in mind if children are present and the suitability of the venue. Refer to *Party Games List (Week 3 - Attachment 1)*.

5. Testimony Sharing

Have a minimum of 3 persons share a 3-minute testimony on how God has answered their prayers during the 40UP Campaign.



Children can share testimonies too! Select one child to share a testimony about his/her experience at the 40UP. Give the child advance notice and let parents coach the child to write out his/her testimony. Allow the child to read from what has been written if the child is unable to memorize it.

Final Coordinating Instructions

- 1) Remind every cell member to bring the *iBless Pamphlets* and *My Power Journal/GKidz Journal*.
- 2) Inform the cell members to give their guests a call before the event to remind them and confirm their attendance.
- 3) Request that all the cell members turn up early, unless they need to fetch their guests. They can help to prepare and pray for the party. They can also standby to assist if there are any last minute preparations or purchases required.



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Program

1. INTRODUCTION (5 minutes)

- Greet all your guests in person as they arrive. Smile and focus on meeting new friends and having fun.
- Cell leader welcomes everyone to the party and explain that this is part of the regular gathering of the cell group where you hang out together and enjoy each other's companionship and friendship.
- Follow this by a round of introduction so that both members & visitors can get to know each other. Every cell member should make it a point to get to know each other's friends better before the end of the event.

2. ICE-BREAKER (20 minutes)

Pick a few games from the list provided in *Party Games List* (Week 3 - Attachment 1)

3. INDULGENCE (60 minutes)

Meal time. Extend hospitality to each other's guests. Cell members should take this opportunity to get to know the guests. You can reserve the dessert till the end of the sharing.

4. INSPIRATION (10 minutes)

Invite 3 or more friends to share their testimonies of how God answered their prayers and met their needs so that everyone can rejoice over the answered prayers and recognize the power of God.

5. INVITATION (5 minutes)

Invite friends to attend the weekend celebration services at TCT or TC and arrange to meet and attend together.



40 Days of Unlimited Power

Post Event Follow-Up

1. Disseminate the name and needs to the cell group to continue to pray in accordance to what the person has shared. Expect God to answer when we persevere in prayer.
2. If it is not possible to record down their thoughts immediately after the party, the cell members should be reminded to record down their thoughts and reflections in the *40UP My Power Journal/GKidz Journal* after they reached home and to journal daily what they hear from God.
3. Confirm with the guests which celebration service they will be attending and attend service together.
4. Upload photos taken during the party onto the FCBC official 40UP website. (www.40up.sg)
5. Remember to fill up the *iBless Pamphlets* for every person your cell group has blessed this week. Deposit the portion to be submitted to the church into your respective team pastors' box at our weekend celebration services.





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