

## 4Ws for Week 46 (11 –17 Nov 2024)

### WELCOME (15 minutes)

*(If there are first-time guests, begin with a round of introduction and warmly welcome the new visitors.)*

#### Suggested icebreakers:

##### 1. Complete the sentence

Each person in the group takes turns completing the following sentences:

- “One truth I need to hear more often is...”
- “One thing I feel comfortable about in this group is...”
- “One area in which I want to grow spiritually is...”

##### 2. Two Lies, One Fear

A twist on the familiar game “Two Truths, One lie.”

Each person shares three statements about things they are afraid of (e.g., cockroaches). One of these will be true, while the other two will be lies.

### WORSHIP (20 minutes)

*(Encourage members to allow the Holy Spirit to minister through them by sharing words, visions, tongues and interpretations of tongues.)*

#### Suggested worship songs:

- 1) Look to the Son
- 2) Way Maker

### WORD (45 minutes)

**Preacher:** Rev Poh Wee Long

**Scripture Passage:** Ephesians 4:11-16 (NIV)

**Sermon Title:** Speak the Truth in Love

#### Introduction

As Christians, we are called to learn how to speak the truth in love. This goes beyond simply speaking honestly; it means expressing truth in a way that is filled with love. By doing so, we can build a community where authenticity, love and connection flourish. This environment enables us to grow into the family and community that God desires, allowing us to experience the fullness of Christian life and spiritual growth.

When we speak the truth in love, we can:

1. Grow in Maturity
2. Grow in Unity
3. Grow in Christlikeness

#### Discovery and Understanding Questions:

##### **Q1. How does speaking the truth in love help us grow in Christian maturity?**

**A1:** Christian maturity is cultivated within a community where believers both receive correction and offer encouragement. Believers are called to speak honestly and lovingly to one another. When we do this, we enable one another to live lives aligned with God’s purposes.

This approach is not about causing hurt but rather about nurturing, growing, and building each other up. By remaining open to correction and practicing gentle honesty, we strengthen our community and foster spiritual growth.

**Q2. How does speaking the truth in love help a community grow?**

**A2.** Speaking the truth in love fosters authenticity and builds deeper connections within a community. When we openly share our struggles, weaknesses, and conflicts, it nurtures genuine relationships rather than superficial bonds. Addressing issues directly promotes real healing and reconciliation, creating an environment where people truly feel accepted and supported.

As this openness grows, the community becomes a place of freedom, no longer weighed down by pretenses. This freedom enables each member of the body of Christ to contribute meaningfully, reaching the full measure of their calling. Ultimately, it encourages both individual and collective growth within the community.

**Q3. What will prevent us from speaking the truth in love?**

**A3.** Three main factors often prevent us from doing so: fear of others, fear of rejection, and fear of not knowing what to say. Scripture encourages us to prioritize the well-being of others by speaking truthfully and gently, trusting that God can and will use our words to lead others to repentance and growth.

Moving beyond personal discomfort or uncertainty about what to say is not always easy. However, when we choose to focus on love, we can approach others with genuine kindness, fostering growth in ourselves and in those we speak to.

**Application Questions**

*Break into smaller groups, share, pray and minister to one another.*

**Q1. Do you tend to hold on to offenses, or are you quick to forgive?**

**Q2. Do you often seek approval from those around you and feel pressured to conform?**

**Q3. Do you find it difficult to be honest and open with your cell community? If so, why? What do you think could help change that?**

**WORKS (15 minutes)**

*Focus on edification, equipping and evangelism.*

- 1. Build on the momentum of all your outreach efforts** - continue praying for your pre-believing friends and family, connect with them, and invite them to your Cell and our Weekend Services.
- 2. Consolidation of new believers** – Diligently pray for and reach out to your friends and family who have decided to receive Jesus as their Lord and Saviour, guiding and helping them grow in the faith.

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